



RUBENSTEIN PUBLIC RELATIONS, INC.



Byron Janis

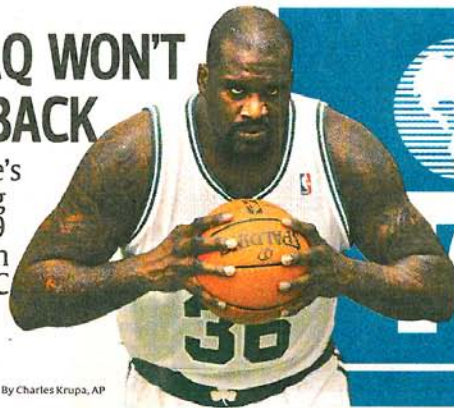
LATE SCORES INSIDE

THE NATION'S NEWSPAPER

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# SHAQ WON'T BE BACK

Says he's retiring after 19 years in NBA, 1C



By Charles Krupa, AP

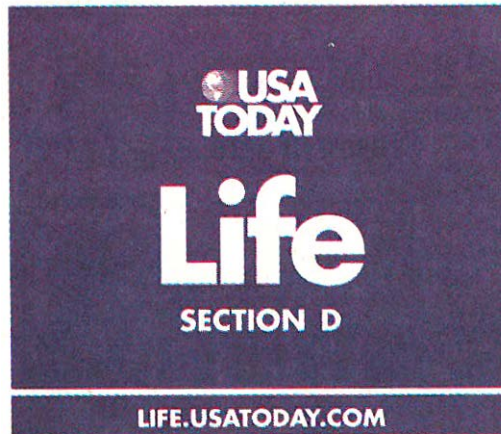
# USA TODAY

A GANNETT COMPANY



By Evan Agostini, AP

June 2, 2011



LIFE.USATODAY.COM

THURSDAY, JUNE 2, 2011

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## What things make you feel old?

Well, Justin Bieber, for one. And high school reunions. And kids studying "history" from the 1980s. That's just the beginning.

Read blogger Ellen Seidman's whole list at [ownit.usatoday.com](http://ownit.usatoday.com).



By Isaac Brekken, Getty Images

USA TODAY

# Your Life

THRIVE ■ CARE ■ NOURISH ■ SHINE

## Musical 'Mind Over Matter'



By Dario Cantatore

Pianist Byron Janis, who has suffered from arthritis for years, is conducting workshops for children with arthritis, teaching techniques that make it easier for them to play.

Read details of "Mind Over Matter" workshops at [kindness.usatoday.com](http://kindness.usatoday.com).



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